

# Prenatal and Postpartum Care (PPC)

## Description of Measure

Women who delivered live births on or between October 8 of the year prior (PY) to the measurement year and October 7 of the measurement year (MY). For these women, the measure assesses the following facets of prenatal and postpartum care:<sup>1</sup>

- Timeliness of Prenatal Care. Deliveries that received a prenatal care visit in the first trimester.
- Postpartum Care. Deliveries that had a postpartum visit on or between 7 and 84 days after delivery.

## Documentation

### I. Prenatal Care

Documentation indicating the woman is pregnant or references to the pregnancy, for example one of the following:

- Documentation in a standardized prenatal flow sheet
- Documentation of LMP, EDD or gestational age
- A positive pregnancy test result
- Documentation of gravidity and parity
- Documentation of complete obstetrical history
- Documentation of prenatal risk assessment and counseling/education

Evidence that a prenatal care procedure was performed, such as (one of the following):

- Screening test in the form of an obstetric panel (must include all the following: hematocrit, differential)
- WBC count, platelet count, hepatitis B surface antigen, rubella antibody, syphilis test, RBC antibody screen, Rh and ABO blood typing)
- TORCH antibody panel alone
- A rubella antibody test/titer with an Rh incompatibility (ABO/Rh) blood typing
- Ultrasound of a pregnant uterus
- Ultrasound and lab results alone aren't considered a visit. They must be linked to an office visit with an appropriate practitioner to meet compliance
- A Pap test alone doesn't count as a prenatal care visit but will count toward postpartum care as a pelvic exam

## II. Postpartum Care

Documentation in the medical record must include a note indicating the date when the postpartum visit occurred and one of the following:

- Pelvic exam
- Evaluation of weight, BP, breasts, and abdomen
  - Notation of “breastfeeding” is acceptable for the “evaluation of breasts” component.
- Notation of postpartum care, including, but not limited to:
  - Notation of “postpartum care,” “PP care,” “PP check,” “6-week check”
  - A preprinted “Postpartum Care” form in which information was documented during visit
- Perineal or cesarean incision/wound check
- Screening for depression, anxiety, tobacco use, substance use disorder, or preexisting mental health disorders
- Glucose screening for women with gestational diabetes
- Documentation of any of the following topics:
  - Infant care or breastfeeding
  - Resumption of intercourse, birth spacing or family planning
  - Sleep/fatigue
  - Resumption of physical activity
  - Attainment of healthy weight

## Codes

Prenatal Bundled Services	
CPT/CPT II	59400, 59425, 59426, 59510, 59618
Stand-Alone Prenatal Visits	
CPT/CPT II	99500, 0500F, 0501F, 0502F
Prenatal Office Visits with Diagnosis of Pregnancy	
CPT/CPT II	99201, 99202, 99203, 99204, 99205, 99211, 99212, 99213, 99214, 99215, 99241, 99242, 99243, 99244, 99245, 99483
Pregnancy Diagnosis	
ICD-10	Z34.90, Encounter for supervision of normal pregnancy, unspecified, unspecified trimester
Postpartum Bundled Services	
CPT/ CPT II	59400, 59410, 59510, 59515, 59610, 59614, 59618, 59622
Postpartum visits	
CPT/ CPTII	57170, 58300, 59430, 99501, 0503F
ICD-10 Diagnosis	Z01.411, Z01.419, Z01.42, Z30.430, Z39.1, Z39.2

<b>Exclusions</b>	Patients are excluded if they had a non-live birth, in hospice or using hospice service, or members who died.
<b>Tips for Success</b>	<ul style="list-style-type: none"> <li>■ Send reminders to new mothers about the importance of prenatal and postpartum care and help them book an appointment; patients typically follow through on scheduling prenatal and postpartum care when recommended by the provider.</li> <li>■ Partner with obstetricians to ensure the prenatal and postpartum visits are scheduled in a timely manner. Pediatricians and family providers can support the mother by reminding her to schedule a postpartum checkup during the baby’s first well child visit.</li> </ul>

## Resources

- I. National Committee for Quality Assurance, HEDIS® Measurement Year 2023 Volume 2 Technical Specifications for Health Plans

