



This Schedule of Benefits is part of the Benefit Certificate, Form 17-325 and is subject to all benefit terms, conditions, limitations, and exclusions contained therein.

<b>Lifetime Maximum – per Covered Person (all services)</b>	<b>No Lifetime Maximum</b>	
<b>Dependent Age</b>	<b>26</b>	
	<b>In-Network</b>	<b>Out-of-Network</b>
<b>Deductible - Individual</b>	\$3,500.00	\$6,475.00
<b>Deductible – Family</b>	\$7,000.00	\$12,950.00
<b>Annual Limitation on Cost Sharing - Individual</b>	\$7,000.00	\$13,300.00
<b>Annual Limitation on Cost Sharing - Family</b>	\$14,000.00	\$26,600.00
<b>COVERED BENEFITS AND SERVICES</b>	<b>In-Network Coinsurance</b>	<b>Out-of-Network Coinsurance</b>
<b>Professional Services</b>		
Primary Care Physician (PCP) Visits	20% after Ded	40% after Ded
Specialist Office Visit (consultation/evaluation only)	20% after Ded	40% after Ded
Services and procedures provided in the Specialist office other than consultation and evaluation	20% after Ded	40% after Ded
<b>Preventive Health Services</b>		
Immunizations (by PCP)	0%	Not Covered
Well Baby Care – through 12 months of age (by PCP)	0%	Not Covered
Well Baby Exam – over 12 months of age (by PCP)	0%	Not Covered
Physical Exams - Adults (by PCP)	0%	Not Covered
Routine Gynecological visit (PCP or GYN)	0%	Not Covered
Mammogram and Pap Smear, PSA	0%	Not Covered
Routine Vision Exam - Adult (one visit per Adult Covered Person every 2 years)	0%	Not Covered
Bone Density	0%	Not Covered
Prostate Cancer Screening (for men age 40 or older)	0%	Not Covered
<b>Allergy Services</b>		
Services provided by the PCP	20% after Ded	40% after Ded
Services provided by the Specialist	20% after Ded	40% after Ded
<b>Hospital Services</b>		
Inpatient Services - Semi-private room (Requires prior notification to the Company for non-emergency services)	20% after Ded	40% after Ded
Outpatient Hospital Services	20% after Ded	40% after Ded
Outpatient Surgical Services	20% after Ded	40% after Ded
<b>Emergency Care Services</b>		
Urgent Care Center	20% after Ded	40% after Ded
Emergency Room	20% after Ded	Same as in network.
Observation Services	20% after Ded	Same as in network.
<b>Ambulance Services</b>	20% after Ded	Same as in network.
<b>Ambulatory Surgery Centers</b>	20% after Ded	40% after Ded
<b>Outpatient Diagnostic Services</b>		
Diagnostic Services - Lab and X-ray (Services and procedures performed outside PCP office)	20% after Ded	40% after Ded

<b>COVERED BENEFITS AND SERVICES (CONT.)</b>	<b>In-Network Coinsurance</b>	<b>Out-of-Network Coinsurance</b>
<b>Advanced Diagnostic Imaging Services</b> CT Scan, PET Scan, MRI/MRA, Nuclear Cardiology	20% after Ded	40% after Ded
<b>Maternity and Family Planning Services* (Prior Notification Required)</b>		
Prenatal and Postnatal outpatient care	20% after Ded	40% after Ded
Inpatient Maternity Services	20% after Ded	40% after Ded
Infertility Counseling and Infertility Testing	20% after Ded	Not Covered
Infertility Treatment	20% after Ded	Not Covered
<b>*Out-of-Network Newborn coverage limited to \$2,000 per Covered Person for all services (first 90 days after birth)</b>		
<b>Rehabilitation Services</b>		
<b>Inpatient Rehabilitation Services</b> (Limited to 60 days per Covered Person per calendar year)	20% after Ded	Not Covered
<b>Outpatient Rehabilitation Services:</b> Physical, Occupational, and Speech Therapy (Limited to 30 aggregate visits per Covered Person per calendar year)	20% after Ded	Not Covered
<b>Chiropractic Services</b> (Limited to the Outpatient Rehabilitation Services aggregate visit limit specified above)	20% after Ded	Not Covered
<b>Cardiac Rehabilitation</b> (Limited to 36 visits per Covered Person per calendar year) - No coverage in Freestanding Facilities	20% after Ded	Not Covered
<b>Neurologic Rehabilitation Facility Services</b> – Limited to 60 days per lifetime	20% after Ded	40% after Ded
<b>Habilitation Services</b>		
<b>Developmental Services:</b> (Limited to a maximum of 180 units per Covered Person per calendar year)	20% after Ded	Not Covered
<b>Outpatient Habilitation Services:</b> Physical, Occupational, and Speech Therapy (Limited to 30 aggregate visits per Covered Person per calendar year)	20% after Ded	Not Covered
<b>Chiropractic Services</b> (Limited to the Outpatient Habilitation Services aggregate visit limit specified above)	20% after Ded	Not Covered
<b>Mental Illness and Substance Use Disorder Services</b>		
<b>Inpatient Hospital Inpatient Services</b> - Semi-private room (Requires prior notification to the Company for non-emergency services)	20% after Ded	40% after Ded
<b>Partial Hospitalization</b>	20% after Ded	40% after Ded
<b>Residential Treatment Centers</b>	20% after Ded	40% after Ded
<b>Outpatient</b> (consultation, evaluation, psychotherapy only)	20% after Ded	40% after Ded
<b>Outpatient</b> Other services and procedures provided in the office or outpatient facility	20% after Ded	40% after Ded
<b>Durable Medical Equipment (DME) and Medical Supplies</b>	20% after Ded	40% after Ded

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<b>COVERED BENEFITS AND SERVICES (CONT.)</b>	<b>In-Network Coinsurance</b>	<b>Out-of-Network Coinsurance</b>
<b>Prosthetic and Orthotic Devices and Services</b>	20% after Ded	40% after Ded
<b>Diabetes Management Services</b>		
Diabetic Shoes (per Medicare guidelines)	20% after Ded	40% after Ded
Diabetic Self-Management Training (limited to 10 hours initial instruction & additional 2 hours per calendar year)	0%	40% after Ded
<b>Skilled Nursing Facility</b> (Limited to 60 Days per Covered Person per Calendar year)	20% after Ded	40% after Ded
<b>Home Health Services</b> (Limited to 50 visits per Covered Person per Calendar year)	20% after Ded	40% after Ded
<b>Hospice Care</b>	20% after Ded	40% after Ded
<b>Dental Care Services</b> Damage to non-diseased teeth due to accident	20% after Ded	40% after Ded
<b>Reconstructive Surgery</b>		
Correct defects due to Accident or Surgery	20% after Ded	Not Covered
<b>Reduction Mammoplasty</b>	20% after Ded	Not Covered
<b>Pediatric Vision</b> - Annual Routine Exam (1pair of glasses with lenses/contacts per Calendar year)	20% after Ded	40% after Ded
<b>Medications</b>		
Hospital or Ambulatory Surgical Center	20% after Ded	40% after Ded
Physician's Office (PCP only)	20% after Ded	40% after Ded
Retail Pharmacy (Drug Store)		
Preventive Medications	0%	Not Covered
Generic Medications	20% after Ded	Not Covered
Preferred Brand Name Medications	20% after Ded	Not Covered
Non-Preferred Brand Name Medications	20% after Ded	Not Covered
Specialty Pharmacy (Prior Approval Required)		
Preferred Specialty Medications	20% after Ded	Not Covered
Non-Preferred Specialty Medications	20% after Ded	Not Covered
Home Infusion Therapy Pharmacy - Injectable Medications	20% after Ded	40% after Ded
<b>Organ Transplant Services</b>	20% after Ded	40% after Ded
<b>Medical Disorder Requiring Specialized Nutrients or Formulas</b>	20% after Ded	40% after Ded
<b>Hearing Aid Benefits</b> - \$1,400 per hearing aid per Covered Person with unlimited replacements	20% after Ded	40% after Ded
<b>Temporomandibular Joint Benefits</b>	20% after Ded	40% after Ded
<b>Miscellaneous Health Interventions</b>	20% after Ded	40% after Ded

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**NOTE:**

In-Network Services for which the Covered Person has a Coinsurance responsibility are subject to the In-Network Deductible, in most cases.

Out-of-Network Deductible and Coinsurance amounts do not apply to the In-Network Deductible or Annual Limitation on Cost Sharing.

Expenses incurred for services that exceed specific benefit limits are not applied to the Annual Limitation on Cost Sharing.

The Covered Person may be responsible for difference between billed charges and the Allowance or Allowable Charges for services covered at the Out-of-Network benefit level.

Please note that Prior Approval does not guarantee payment or assure coverage; it means only that the information furnished to us at the time indicates that the service or equipment meets the Primary Coverage Criteria set out in your Benefit Certificate.

*All Covered Services are subject to the Arkansas Blue Cross and Blue Shield Allowance or Allowable Charge.*

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## NOTICE OF LANGUAGE ASSISTANCE, AUXILIARY AIDS/SERVICES AND NON-DISCRIMINATION NOTICE

We provide free language assistance, appropriate auxiliary aids and services, and reasonable modifications to people with disabilities to communicate effectively with us, such as qualified sign language interpreters, written information in various formats (large print, audio, accessible electronic formats, other formats), and language services to people whose primary language is not English, such as qualified interpreters and information written in other languages. If you need these services, call or contact Customer Service at **1-800-238-8379 (TTY: 711)** or **Civil Rights Coordinator**.

**ATTENTION: Free language assistance services are available to you. Appropriate auxiliary aids and services to provide information in accessible formats are also available free of charge. Call 1-800-238-8379 (TTY: 711) or speak to your provider.**

**Spanish:** ATENCIÓN: Disponemos de servicios gratuitos de asistencia lingüística. También hay disponibles de forma gratuita ayudas y servicios auxiliares adecuados para proporcionar información en formatos accesibles. Llame al 1-800-238-8379 (TTY: 711) o hable con su proveedor.

**Chinese Simplified:** 注意：提供免费语言服务。此外，免费提供适合残障人士使用的辅助和支持服务。请致电 1-800-238-8379 (TTY: 711) 或联系您的服务提供商。

**Chinese Traditional:** 注意：我們提供免費的語言協助服務，以及免費的適當輔助工具和其他服務，讓您能夠獲得無障礙格式的資訊。請撥打 1-800-238-8379 (TTY: 711) 或諮詢您的服務提供者。

**Tagalog:** PAUNAWA: Available para sa iyo ang mga libreng serbisyo sa tulong sa wika. Available rin nang walang bayad ang mga naaangkop na auxiliary na tulong at serbisyo para magbigay ng impormasyon sa mga naa-access na format. Tumawag sa 1-800-238-8379 (TTY: 711) o makipag-usap sa iyong provider.

**French:** ATTENTION : Des services d'assistance linguistique sont gratuitement mis à votre disposition. Des aides et services auxiliaires appropriés visant à vous informer dans des formats accessibles sont également mis à votre disposition gratuitement. Appelez le 1 800 238 8379 (TTY : 711) ou discutez avec votre prestataire.

**Vietnamese:** CHÚ Ý: Các dịch vụ hỗ trợ ngôn ngữ sẽ được cung cấp miễn phí cho quý vị. Các dịch vụ và hỗ trợ giao tiếp phù hợp nhằm cung cấp thông tin ở các định dạng dễ tiếp cận cũng được cung cấp hoàn toàn miễn phí. Hãy gọi 1-800-238-8379 (TTY: 711) hoặc trao đổi với nhà cung cấp của quý vị.

**German:** HINWEIS: Ihnen stehen kostenlose Sprachmittlungsdienste zur Verfügung. Entsprechende Hilfsmittel und Dienste zum barrierefreien Zugang zu Informationen stehen ebenfalls kostenfrei zur Verfügung. Rufen Sie 1-800-238-8379 (TTY: 711) an oder sprechen Sie mit Ihrem Leistungserbringer.

**Korean:** 주의: 무료 언어 지원 서비스를 이용하실 수 있습니다. 접근 가능한 형식으로 정보를 제공하기 위한 적절한 보조 도구와 서비스도 무료로 제공됩니다. 1-800-238-8379 (TTY: 711) 번으로 전화하거나 담당 서비스 제공자에게 문의하십시오.

**Russian:** ВНИМАНИЕ! Вам доступны бесплатные услуги языковой поддержки. Приемлемые вспомогательные средства и услуги по предоставлению информации в доступных форматах также предоставляются бесплатно. Позвоните по телефону 1-800-238-8379 (TTY: 711) или обратитесь к своему поставщику услуг.

**Arabic:** ملاحظة: خدمات المساعدة اللغوية متاحة لك مجانًا، كما أن وسائل وخدمات المساعدة الإضافية المناسبة لتوفير المعلومات بصيغ يسهل عليك الوصول إليها متاحة مجانًا أيضًا. يرجى الاتصال على الرقم: 1-800-238-8379 (TTY: 711) أو التحدث إلى مقدم الرعاية

**Hindi:** ध्यान दें: आपके लिए नशुलक भाषा सहायता सेवाएं उपलब्ध हैं। आसान फॉर्मेट में सूचना उपलब्ध कराने के लिए उचित सहायक साधन और सेवाएं भी नशुलक उपलब्ध हैं। 1-800-238-8379 (TTY: 711) पर कॉल करें या अपने प्रदाता से बात करें।

**Italian:** ATTENZIONE: Ha a disposizione servizi di assistenza linguistica gratuiti. Potrà usufruire gratuitamente anche di sussidi e servizi ausiliari appropriati per ottenere le informazioni in formati accessibili. Chiami il numero 1-800-238-8379 (TTY: 711) o chiedi al suo operatore sanitario.

**Portuguese:** ATENÇÃO: Serviços gratuitos de assistência linguística estão disponíveis para você. Ajudas e serviços auxiliares apropriados para fornecer informações em formatos acessíveis também estão disponíveis gratuitamente. Ligue para 1-800-238-8379 (TTY: 711) ou fale com seu provedor.

**French Creole:** ATANSYON: Genyen sèvis asistans lang gratis disponib pou ou. Epitou, genyen lòt èd ak sèvis apwopriye disponib gratis pou ede moun jwenn enfòmasyon nan yon fòm ki aksesib. Rele 1-800-238-8379 (TTY: 711) oswa pale ak founisè w la.

**Polish:** UWAGA: może Pan/Pani skorzystać z bezpłatnych usług pomocy językowej. Odpowiednie dodatkowe pomoce i usługi w zakresie zapewniania dostępu do informacji w przystępnym formacie również są dostępne bezpłatnie. Prosimy dzwonić pod numer 1-800-238-8379 (TTY: 711) lub porozmawiać z lekarzem.

**Japanese:** 注意: 無料の言語サポートサービスをご利用いただけます。アクセシブルなフォーマットで情報を提供するための適切な援助やサービスも無料でご利用いただけます。1-800-238-8379 (TTY: 711) にお電話いただくか、医療提供者にご相談ください

## NON-DISCRIMINATION NOTICE

Our Company complies with applicable federal and state civil rights laws and does not discriminate, exclude, or treat people differently on the basis of race, color, national origin, age, disability, or sex to include discrimination on the basis of sexual orientation and gender identity; sex stereotypes; sex characteristics (including intersex traits); and pregnancy or related conditions.

If you believe that we have failed to provide these language assistance or auxiliary aids and services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex to include discrimination on the basis of sexual orientation and gender identity; sex stereotypes; sex characteristics (including intersex traits); and pregnancy or related conditions, you can file a grievance with:

### Civil Rights Coordinator

601 Gaines Street, Little Rock, AR 72201

Phone: 1-844-662-2276 (TTY: 711)

You can file a grievance in person, by mail, or by email. If you need help filing a grievance our Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

### U.S. Department of Health and Human Services

200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201

Phone: 1-800-368-1019; TDD: 1-800-537-7697

Complaint forms are available at: <https://www.hhs.gov/ocr/complaints/index.html>