Mental health and Substance abuse

Medical benefit billing guide

September 2024



An Independent Licensee of the Blue Cross and Blue Shield Association



Relevant provider types & services

- Licensed clinical psychologist
- Licensed clinical social worker (LCSW)
- Licensed marriage and family therapist (LMFT)
- Licensed professional counselor (LPC)
- Licensed psychological examiner (LPE)
- Community psychiatric nurse (CNP)
- Applied behavior analysis (ABA)
- Residential treatment center (RTC)
- Substance use treatment
- Intensive outpatient treatment (IOP)
- Partial hospitalization program (PHP)



Credentialing steps



An Independent Licensee of the Blue Cross and Blue Shield Association

Medical benefit eligibility

- Arkansas Blue Cross and Blue Shield will contract directly with:
 - Ph.D.
 - LCSW
 - LMFT
 - LPC
 - ABA
 - LPE
- Must be eligible for all government programs



- To initiate application:
 Email your regional
 Network Development support staff
- Network application & attestation:
 All pages must be completed, signed and dated
- Provider application:
 - Both pages must be completed
 - All required documentation must be returned



- Authorization for clinic group billing: Complete to direct payments to a clinic or group billing entity
- Network participation agreements: Sign/initial and date in all applicable areas
 - Note: Leave effective date blank
- Tax coupon, W-9 or IRS letter: To verify employer identification number (EIN)
- Current state license



- Professional liability insurance includes coverage for medical negligence/malpractice
 - Minimum amounts:
 - \$1 million per occurrence
 - \$3 million per calendar year
 - Policy limits summary with:
 - Per-occurrence limit
 - Annual aggregate limit
 - Effective date expiration date will be acceptable

Note: General liability coverage will not satisfy this requirement



- General liability or comprehensive public liability insurance, including:
 - Coverage for accidents or other incidents that:
 - Cause injury to any person or property
 - Occur on or about the premises of the clinic
 - Minimum amounts:
 - \$200,000 per person, per occurrence
 - \$600,000 per occurrence, per calendar year



Networks



An Independent Licensee of the Blue Cross and Blue Shield Association

Networks review

Contracts cover multiple lines of business

- Preferred Payment Plan (PPP)
- True Blue PPO (preferred provider organization)
 - Exchange business Health Advantage &
 Octave Blue Cross and Blue Shield
- Health Advantage HMO (health maintenance organization)
- Arkansas Blue Medicare PFFS (Private fee-for-service)
- Arkansas Blue Medicare HMO USAble
- Arkansas Blue Medicare PPO USAble
- Arkansas Blue Medicare Classic HMO



www.cms.gov/files/document/mln1986542 -medicare-mental-health-coverage.pdf

Eligible Professionals

The tables below list the coverage requirements for behavioral health services and the Medicare Physician Fee Schedule (PFS) payment amount that physicians and these practitioners are eligible to bill and be paid under the Medicare Part B Program:

- Physicians (Medical Doctors (MDs) and Doctors of Osteopathy (DOs)), particularly Psychiatrists
- Clinical Psychologists (CPs)
- Clinical Social Workers (CSWs)
- Clinical Nurse Specialists (CNSs)
- Nurse Practitioners (NPs)
- Physician Assistants (PAs)
- Certified Nurse-Midwives (CNMs)
- Independently Practicing Psychologists (IPPs)
- Certified Registered Nurse Anesthetists (CRNAs) (supervision of diagnostic psychological and neuropsychological tests)
- Marriage and Family Therapists (MFTs)
- Mental Health Counselors (MHCs)

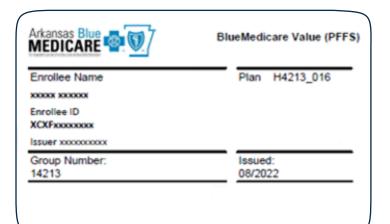


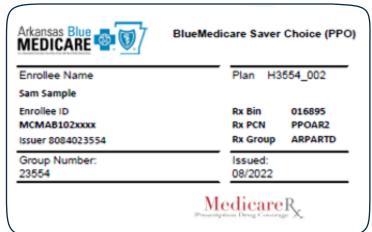
Page 10 of 43 MLN1986542 January 2024



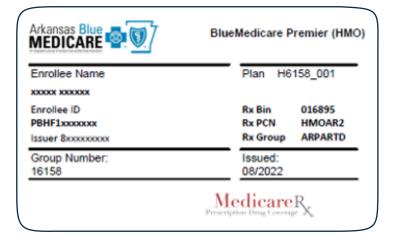


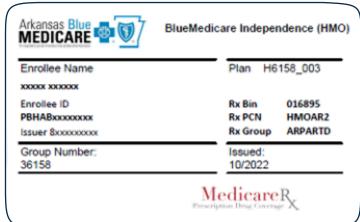
Medicare Advantage card examples













Network summary (lines of business)

Preferred Payment Plan (PPP)





True Blue PPO

Arkansas Blue Cross PPO

BlueCard PPO

BlueAdvantage Administrators of Arkansas (most self-funded plans Ex: Wal-Mart and J.B. Hunt)

Access Only

FEP (behavioral health through Lucet)

Exchange business (Health Advantage & Octave Blue Cross and Blue Shield)

Health Advantage HMO

Commercial business

Metallic groups

Arkansas Blue Cross employees

Arkansas State &
Public School Employees (ASE/PSE)
Arkansas State Police

Arkansas Blue Medicare

Private Fee-for-Service (statewide network)

PPO (select networks)

HMO (selected counties)

*Classic HMO



Billing in Availity



An Independent Licensee of the Blue Cross and Blue Shield Association

Enrolling to submit claims

- Clearinghouse Claims can be submitted through your clearinghouse to Availity (claim type 837p)
- Availity To submit claims, verify eligibility and perform other functions related to Arkansas Blue Cross in Availity Essentials Portal (via Direct Data Entry), Availity enrollment is required (www.availity.com/arkansasbluecross)
- Availity Client Services
 - Call 800-282-4548 for any questions or assistance with enrollment



What is Availity?

- Availity Arkansas Blue Cross electronic
 gateway or EDI (electronic data interchange)
- Availity Essentials Portal the online provider portal allowing providers to connect with Arkansas Blue Cross for the following:
 - Eligibility and benefits
 - Direct Data Entry
 - Claim corrections
 - Claim status
 - Fee schedule review
 - Remittance advice access
 - Message the Payer
 - Availity Learning Center



Availity training

- Once you have registered and logged into the Availity portal, there is training specific to Arkansas Blue Cross
 - This is essential to your success in billing and all the other services listed previously



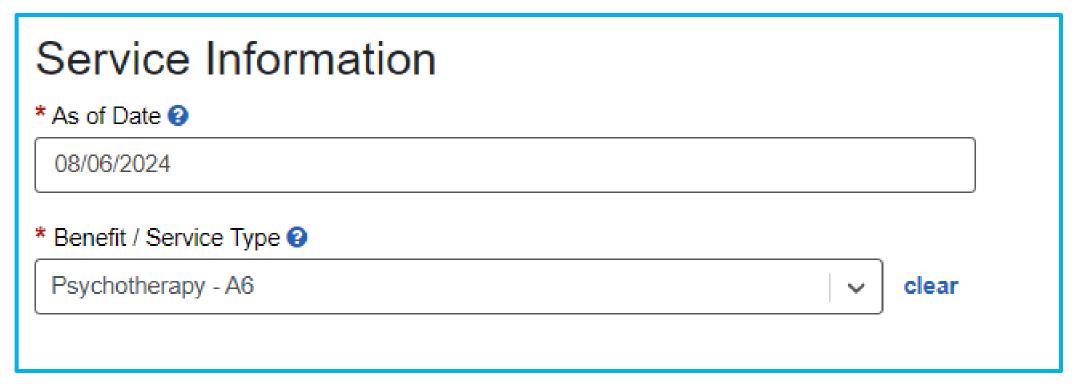
How do I learn to use Availity?

- Availity Learning Center free on-demand and live training
 - Log in and select Help & Training to search for demos
 - To search for Arkansas Blue Cross-specific training, type the word Arkansas in the search field (upper right corner of the training catalog) to access topics like:
 - Availity Introduction
 - Administrator Training
 - EDI Reports
 - Claim Submission
 - Availity training is highly recommended prior to using Availity Essentials Portal
- Availity support
 - In the Help & Training menu, select Availity Support
 - Select Contact Support or call Availity at 800-282-4548

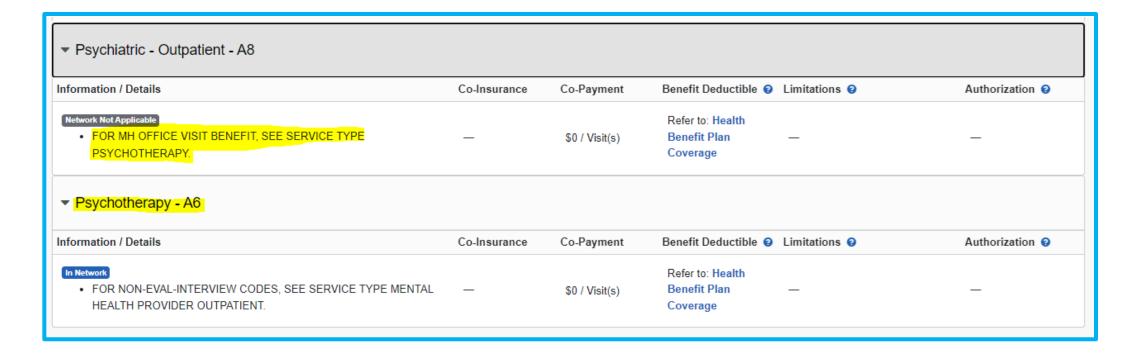




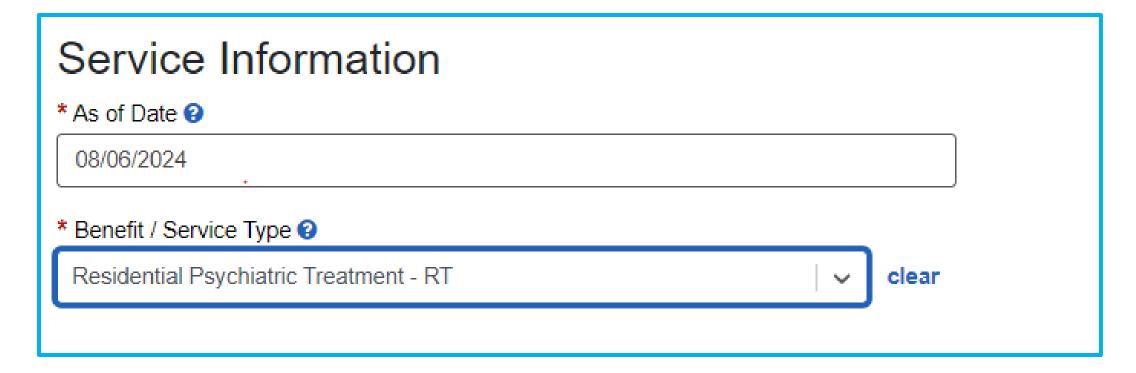
- Mental Health Visit Office:
 - Service Type Psychotherapy A6



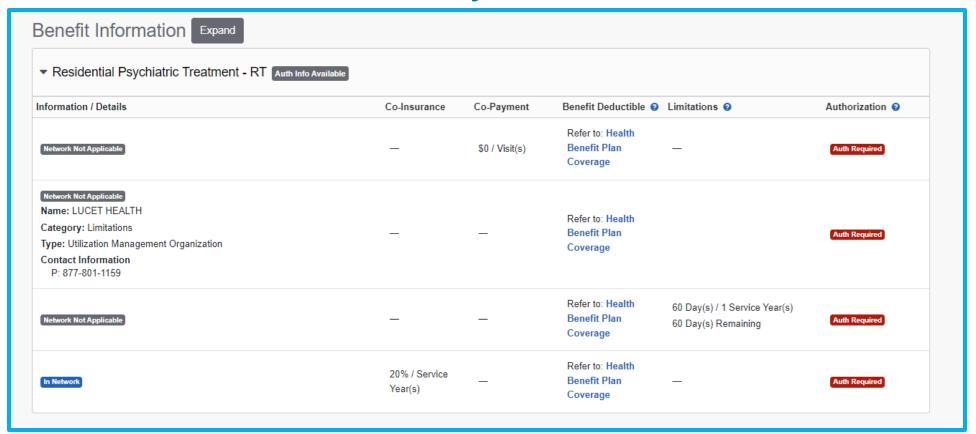
Mental Health Visit – Office:



Mental Health Visit – Facility:



Mental Health Visit – Facility:



Reimbursement guidelines



An Independent Licensee of the Blue Cross and Blue Shield Association

Reimbursement guidelines

LCSW - LMFT - LPC - APRN - PA - ABA

- PPP 75% of the Arkansas Blue Cross fee schedule
- True Blue PPO 75% of the Arkansas Blue Cross fee schedule
- Exchange/Metallic 68% of the Arkansas
 Blue Cross fee schedule (Octave Blue Cross and Blue Shield)
- Heath Advantage 75% of the Arkansas Blue
 Cross fee schedule
- Arkansas Blue Medicare* Traditional Medicare pricing



Reimbursement guidelines

Psychiatrists & psychologists

- PPP 100% of the Arkansas Blue Cross fee schedule
- True Blue PPO
 - 100% of allowable E&M codes
 - 90% all other allowable codes of the Arkansas Blue Cross fee schedule
- Exchange/Metallic (Octave Blue Cross and Blue Shield)
 - 90% allowable E&M codes
 - 68% all other allowable codes of the Arkansas Blue Cross fee schedule
- Health Advantage
 - 100% of allowable E&M codes
 - 90% all other allowable codes of the Arkansas Blue Cross fee schedule
- Arkansas Blue Medicare Traditional Medicare pricing





Disclaimer

- The following slides are subject to coverage policy changes and updates
- CPT code changes that occur yearly will be updated as soon as possible



Reimbursable codes for LCSWs

90785	90853	96160	99404	99492	G0323
90791	92597	96161	99406	99493	Q3014
90832	96110	99199	99407	99494	S9127
90834	96116	99354	99408	99495	S9140
90837	96121	99355	99409	99496	S9452
90839	96125	99367	99411	G0017	
90840	96127	99368	99412	G0108	
90846	96156	99401	99415	G0109	
90847	96158	99402	99416	G0018	
90849	96159	99403	99484	G0155	

Reimbursable codes for LMFTs

90791	96160	99411
90832	96161	99412
90834	99401	99484
90837	99402	99495
90839	99403	99496
90846	99404	G0017
90847	99406	G0018
90853	99407	
96110	99408	
96127	99409	



Reimbursable codes for LPEs

90785	90853	96113	96137	99355	99412
90791	90885	96116	96138	99401	99415
90832	90887	96121	96139	99402	99416
90834	90889	96125	96146	99403	G0017
90837	90899	96127	96156	99404	G0018
90839	96020	96130	96158	99406	G0018
90840	96040	96131	96159	99408	G0108
90846	96105	96132	96160	99409	G0109
90847	96110	96133	96161	99407	S9140
90849	96112	96136	99354	99411	S9452



Reimbursable codes for LPCs

90785	90853	96158	99406	99493
90791	90885	96159	99407	99494
90832	90887	96160	99408	99495
90834	90889	96161	99409	99496
90837	96040	99354	99411	G0017
90839	96110	99355	99412	G0018
90840	96112	99401	99415	G0155
90846	96113	99402	99416	G0323
90847	96127	99403	99484	Q3014
90849	96156	99404	99492	



Reimbursable codes for behavioral analysts

CPT codes	CPT codes	Covered diagnosis codes
0362T	97154	F84.0
0373T	97155	F84.3
97150	97156	F84.5
97151	97157	F84.8
97152	97158	F84.9
97153		

Reimbursable codes for psychologists

90785	90853	96113	96137	96165	99406	G0018	S9482
90791	90885	96116	96138	99199	99407	G0108	S9484
90832	90887	96121	96139	99354	99408	G0109	S9485
90834	90889	96125	96146	99355	99409	G0323	
90837	90899	96127	96156	99367	99411	G0409	
90839	96020	96130	96158	99368	99412	G0410	
90840	96040	96131	96159	99402	99415	G0411	
90846	96105	96132	96160	99403	99416	S9140	
90847	96110	96133	96161	99401	99484	S9452	
90849	96112	96136	96164	99404	G0017	S9480	



APRN/CNP/PA mental health covered codes

- Refer to the coverage policy for APRNs/CNPs/PAs
 - <u>secure.arkansasbluecross.com/members/report.aspx?policyNumber=2008010</u>
 - secure.arkansasbluecross.com/members/ report.aspx?policyNumber=2008013
 - secure.arkansasbluecross.com/members/ report.aspx?policyNumber=2008014
 - secure.arkansasbluecross.com/members/ report.aspx?policyNumber=2008015



APRN/CNP mental health covered codes

CPT-90863

(Pharmacologic management, with medical evaluation and management services - PPUR edit U5783)

- Providers must meet the **following qualifications** to receive reimbursement
 - Collaborative agreement and Quality Assurance Plan with one or more participating psychiatrists
 - Note: Not required for providers who hold a certificate of full independent practice from the Arkansas State Board of Nursing
 - Board-certification by the American Nursing Credentialing
 Center (ANCC) in at least one of the following specialties:
 - Adult Psychiatric & Mental Health NP
 - Family Psych & Mental Health NP
 - Adult Psychiatric & Mental Health CNS
 - Child Adolescent Psych & Mental Health CNS
 - Applicants who are not board-certified in one of those specialties may be considered if they meet the ANCC's PMHNP-BC or PMHCNS-BC eligibility criteria



APRN/CNP mental health covered codes

- Reimbursement for the following codes is permitted for mental health providers who:
 - Meet requirements for CPT 90863 and have either:
 - 2 years+ of relevant post-master's-degree clinical experience
 - 5 years+ of psychiatric nursing experience and are enrolled in a master's-level educational program
 - CPT 90791 (Psychiatric diagnostic evaluation)
 - CPT 90792 (Psychiatric diagnostic evaluation with medical services)
 - **CPT 90832** (Psychotherapy, 30 minutes with patient and/or family member)
 - CPT 90833 (Psychotherapy, 30 minutes with patient and/or family member when performed with an evaluation and management service)
 - CPT 90834 (Psychotherapy, 45 minutes with patient and/or family member)
 - CPT 90836 (Psychotherapy, 45 minutes with patient and/or family member when performed with an evaluation and management service)
 - **CPT 90837** (Psychotherapy, 60 minutes with patient and/or family member)
 - **CPT 90838** (Psychotherapy, 60 minutes with patient and/or family member when performed with an evaluation and management service)
 - **CPT 90839** (Psychotherapy for crisis; first 60 minutes)



Tips for success



Claim-filing tips

- Place of service: 11 for Clinic
- Rendering provider: Individually contracted providers should use their NPI when rendering services
- "Pay-to" or billing provider:
 Should be Clinic/Group NPI
 (this is the NPI the claim will be paid to)



Telehealth

- Please refer to the telehealth policy for telehealth billing
 - secure.arkansasbluecross.com/members/ report.aspx?policyNumber=2015034
- Place of Service 02 or 10 must be used
- Modifier GT or 95 must be used by the distant sight healthcare provider



Correcting a denied claim

- A corrected claim may only be submitted when a claim is denied on a remittance advice (does not pertain to rejections in Availity)
- Choose claim frequency type 7 to submit a correction to a denied claim
 - You will need the original claim number (ICN) from the remittance advice (RA)
- Detailed instructions are available in Availity
 Direct Data Entry training
 - Alternatively, you can submit a corrected claim through your clearinghouse, using claim frequency type 7



Who to call for help?

- Availity questions Call 800-AVAILITY (800-282-4548)
- Claims inquiries contact Availity or customer service
- Enrollment questions/application requests – please contact the NDR support staff
- Arkansas Blue Cross questions Call/email the mental health NDR with reference numbers for unresolved issues



Network development representatives

Northwest Region

West Central Region

NDR: Dawn Roberts – (479) 527-2359

diroberts@arkbluecross.com

Support staff:

Kim Carpenter - (479) 527-2389 kacarpenter@arkbluecross.com

Sheila Tally - (479) 527-2320 sltally@arkbluecross.com

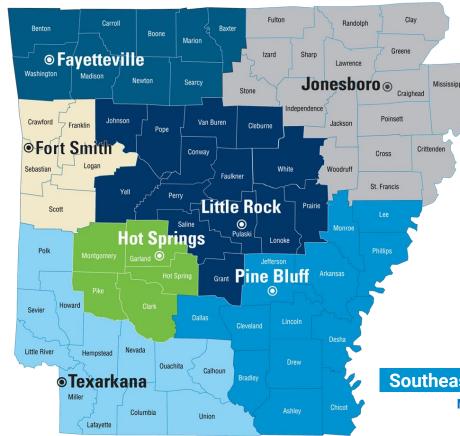
Southwest Region + South Central Region

NDR: Renay Turner - (870) 779-9109

prturner@arkbluecross.com

Support staff: Diana Wolfe - (501) 620-2644

dlwolfe@arkbluecross.com



Northeast Region

NDR: Alison Morrison – (870) 974-5740

apmorrison@arkbluecross.com

Support staff: Pam Moore - (870) 974-5754

providerrelationsNE@arkbluecross.com

Central Region

NDR: Tina Baggett – (501) 378-3036

trbaggett@arkbluecross.com

Counties: Cleburne, Pope, Pulaski, Johnson and White

NDR: Joaly Velasguez - (501) 378-3049

imvelasquez@arkbluecross.com

Counties: Faulkner, Lonoke, Prairie, Pulaski* and Saline

NDR: Sean Wilson - (501) 393-0520

Idwilson@arkbluecross.com

Counties: Conway, Grant, Perry, Pulaski* and Yell

Support staff:

Maya McCleary - (501) 378-3035

centralregionnetworkmanagement@arkbluecross.com

Southeast Region + all behavioral health

NDR: Jason Aud - (870) 543-2945 / jsaud@arkbluecross.com

Support staff: Bambi Wilson - (870) 543-2910

SEarkproviders@arkbluecross.com

Facilities



An Independent Licensee of the Blue Cross and Blue Shield Association

Residential treatment centers including IOP/PHP

- Must have Commission on Accreditation of Rehabilitation Facilities (CARF) or Joint Commission (JCAHO) certification
 - Certification will determine if you are approved for detox, residential, IOP or PHP
- State of Arkansas licensed facility
- Detox and Residential contract will read "Residential treatment center"
 - If Detox approved separate rates will be in the addendum portion of the contract
- IOP/PHP contract will read "Behavioral health/substance abuse facility"
 - Benefits are included in RTC benefits





Residential treatment centers including IOP/PHP

- Detox inpatient claims use bill type 11X
 - Revenue code 126
- RTC inpatient claims use bill type with 86X
 - Revenue codes **1001** or **1002**
 - No additional allowance for professional services
- Outpatient claims IOP/PHP
 - Bill type 13X
 - Revenue codes **0905**, **0906**, **0912**, **0913** & **0915**
 - HCPCS codes S0201 for PHP
 - HCPCS code **S9480** for **IOP**



Inpatient hospitals/freestanding facilities

- Inpatient behavioral health embedded in acute-care hospitals must bill under the hospital's NPI
- Freestanding mental health hospitals may require a separate NPI number for RTCs



Resources



An Independent Licensee of the Blue Cross and Blue Shield Association



Network Development Representative and support staff

West Central Region + Northwest Region

NDR: Dawn Roberts - (479) 527-2359

diroberts@arkbluecross.com

Support staff:

Kim Carpenter - (479) 527-2389

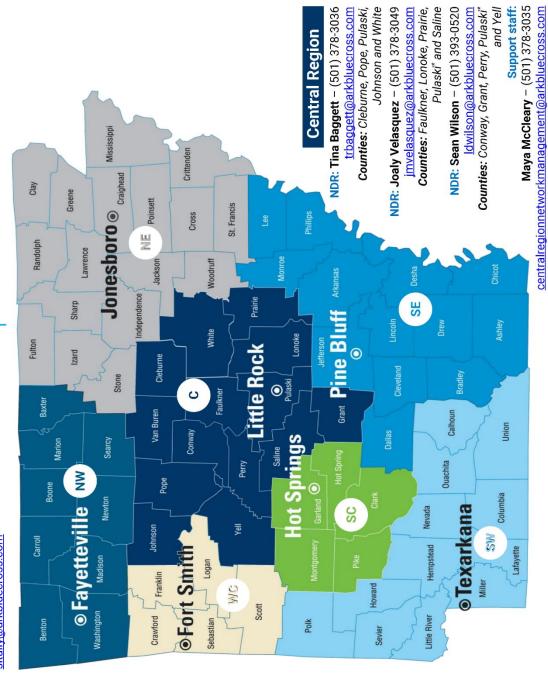
kacarpenter@arkbluecross.com

Sheila Tally - (479) 527-2320 sitally@arkbluecross.com

NDR: Alison Morrison - (870) 974-5740

apmorrison@arkbluecross.com

Support staff:
Pam Moore – (870) 974-5754
providerrelationsNE@arkbluecross.com



+ South Central Region Southwest Region

NDR: Renay Turner – (870) 779-9109 prturner@arkbluecross.com

Support staff: Diana Wolfe – (501) 620-2644 dlwolfe@arkbluecross.com

Southeast Region

Behavioral health rep for all regions

NDR: Jason Aud - (870)543-2945

jsaud@arkbluecross.com

Support staff: Bambi Wilson – (870) 543-2910 SEarkproviders@arkbluecross.com

Arkansas Blue Cross - Provider Support & Assistance

Health Information/EDI Services	855-822-2446	edi@arkbluecross.com
AIM Specialty Health / now, Carelon	866-688-1449	www.carelonhealth.com
Arkansas Blue Cross and Blue Shield, Little Rock	(501) 378-2010 or 800- 238-8379	CustomerServiceABCBS@arkbluecross.com
Arkansas Blue Cross and Blue Shield Medi-Pak Medicare Supplement	(501) 378-3062 or 800- 338-2312	CustomerServiceABCBS@arkbluecross.com
Arkansas Blue Medicare Member Services	2207-223-778	
Arkansas Blue Medicare Provider Services	800-287-4188 Fax (501) 301-1935	
Arkansas State/School Employees (ASE/PSE)	(501) 378-2364 or 800- 482-8416	CustomerServiceASE@arkbluecross.com CustomerServicePSE@arkbluecross.com
Arkansas State/School Employees (ASE/PSE) – Prior Authorization	800-482-8416 Fax (501) 378-6647	CustomerServiceASE@arkbluecross.com CustomerServicePSE@arkbluecross.com
Availity	800-282-4548	https://www.availity.com/arkansasbluecross
Blue Advantage Administrators of Arkansas	(501) 378-3 600 or (502) 872-2531	
Blue Card Program (Claim Status)	800-880-0918	CustomerServiceBlueCardABCBS@arkbluecross.com
Blue Card (Eligibility)	800-676-BLUE (2583)	CustomerServiceBlueCardABCBS@arkbluecross.com
CPC+/PCF/PCMH Customer Service Questions about clinic reports	(501) 378-2370	primarycare@arkbluecross.com
CVS Caremark	877-433-2973	www.caremark.com
Enterprise Quality Risk Management (EQRM)		EQRMTeam@arkbluecross.com
Exchange/Marketplace Customer Service	800-800-4298	ExchangeCustomerService@arkbluecross.com
Federal Employee Program (FEP)	(501) 378-2531 or 800- 482-6655	CustomerServiceFEP@arkbluecross.com
HEDIS		eqrmteam@arkbluecross.com
Health Advantage	(501) 378-2363 or 800- 843-1329	CustomerServiceHA@healthadvantage-hmo.com
Magellan Rx (Rx Management for FEP)	800-443-5709	
National Provider Identifier Assistance	800-465-3203	https://npiregistry.cms.hhs.gov/
New Directions / now, Lucet Health	877-801-1159	www.lucethealth.com
Personal Health Records and E-Prescribing	(501) 378-3253	personalhealthrecord@arkbluecross.com
Pharmacy Helpline	(501) 378-3392 or 800- 863-5561	managedphamacy@arkbluecross.com
Provider Network Operations (Provider Enrollment/Credentialing)	(501) 210-7050	providemetwork@arkbluecross.com
Provider Reimbursement		providerreimbursement@arkbluecross.com
Tyson (Customer Service)	800-452-6199	TysonServiceTeamblueadvclms@arkbluecross.com
Walmart (Customer Service)	866-823-3790	WalmartServiceTeam-blueadvclms@arkbluecross.com

Updated 10-12-2023