

Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents (WCC)

Description of Measure

The percentage of members 3 – 21 years of age who had at least one comprehensive well-care visit with a PCP or an OB/GYN practitioner during the measurement year (MY).¹

Documentation

- The well-care visit must occur with a PCP or an OB/GYN practitioner, but the practitioner does not have to be the practitioner assigned to the member.
- Well-care visits must be at least 14 days apart.
- Comprehensive well-care visit includes a health history, physical exam, physical and mental developmental history, and anticipatory guidance.
- Documentation of handouts given without evidence of discussion does not meet criteria.
- Preventive services may be rendered on visits other than well-care visits. Medical record must include documentation of preventative services.

Visit Component	Component Example
Health History	<ul style="list-style-type: none">■ Past illness (or lack of illness)■ Past surgeries or hospitalizations■ Social history■ Family health history■ Allergies, medications, immunization
Physical Developmental History	<ul style="list-style-type: none">■ Tanner stage/scale■ Sitting up, standing up, crawling, walking■ Sucking on objects■ Teething■ Rolling on to tummy■ Holds objects, developing eye hand coordination■ Kicks balls
Mental Developmental History	<ul style="list-style-type: none">■ Responds to sound, makes eye contact■ Cries for assistance, calms or quiets down when picked up■ Laughs when tickled■ Interactive play■ Uses 50 words■ Combines 2 words into short phrase or sentence■ Can name 5 body parts

Visit Component	Component Example
Physical Exam	<ul style="list-style-type: none"> ▪ Comprehensive head to toe exam with vital signs ▪ Anticipatory guidance ▪ Nutrition ▪ Exercise ▪ Substance Abuse Counseling ▪ Safety ▪ Notation that age-appropriate guidance was provided

Code	Well Care Visit Codes and Descriptions
CPT	
99384, 99385, 99391, 99392, 99393, 33934, 99395, 99461	
HCPCS	
G0438	Annual wellness visit, includes a personalized prevention plan of service (pps), subsequent visit
G0439	Annual gynecological examination; clinical breast examination without pelvic evaluation
S0302	Completed early periodic screening diagnosis and treatment (epsdt) service (list in addition to code for appropriate evaluation and management service)
S0610	Annual gynecological examination, new patient
S0612	Annual gynecological examination, established patient
S0613	Annual gynecological examination, new patient

Code	Encounter for Well Care Codes and Descriptions
ICD10CM	
Z00.00	Encounter for general adult medical examination without abnormal findings
Z00.01	Encounter for general adult medical examination with abnormal findings
Z00.110	Health examination for newborn under 8 days old
Z00.111	Health examination for newborn 8 to 28 days old
Z00.121	Encounter for routine child health examination with abnormal findings
Z00.129	Encounter for routine child health examination without abnormal findings
Z00.2	Encounter for examination for period of rapid growth in childhood
Z00.3	Encounter for examination for adolescent development state
Z01.411	Encounter for gynecological examination (general) (routine) with abnormal findings
Z01.419	Encounter for gynecological examination (general) (routine) without abnormal findings
Z02.5	Encounter for examination for participation in sport
Z02.84	Encounter for child welfare exam
Z76.1	Encounter for health supervision and care of foundling
Z76.2	Encounter for health supervision and care of other healthy infant and child

Exclusions

Exclusion	Time limit
<ul style="list-style-type: none"> ▪ Members who use hospice services or elect to use ▪ Members who died 	Any time during measurement year (MY)

Strategies for Success

- Prevent missed opportunities by taking advantage of every office visit (including sick visits) to provide a well child visit, immunizations, developmental screening, lead testing, and topical fluoride for children.
- Ensure that medical records include the date that a health and developmental history, physical exam was performed, and what health education/anticipatory guidance was given.
- Use standardized templates in charts and in electronic medical records (EMRs) that allow checkboxes for standard counseling activities.
- Follow the American Academy of Pediatrics Bright Futures: Guidelines for Health Supervision of Infants, Children and Adolescents schedule.
- Educate staff to schedule the recommended AAP visits within the guidelines time frames.
- Educate staff to schedule the next visit or more visits prior to leaving the office.

Resources

- I. National Committee for Quality Assurance, HEDIS® Measurement Year 2024 Volume 2 Technical Specifications for Health Plans

